

ADVOCACY, EDUCATION AND INFORMATION

ADVOCACY, EDUCATION AND INFORMATION RESOURCES

American Cancer Society 800-ACS-2345
www.cancer.org (800-227-2345)

The American Cancer Society provides various breast health programs and services for the community in Los Angeles County. They include:

Reach To Recovery - A one-to-one support program for women and men facing or living with breast cancer. Volunteers are breast cancer survivors who are trained to provide information and support.

Tell A Friend - Trained volunteers encourage friends and family members to get regular mammograms.

Breast Health Community Education – Year-round education to increase community awareness about the importance of early detection.

Look Good...Feel Better – A program that teaches beauty techniques to women undergoing cancer treatment to help them cope with the appearance related side effects. Sessions are offered in English and Spanish throughout Los Angeles County.

Cancer Information – Your American Cancer Society provides the latest cancer information and referrals to community resources 24 hours/7days a week.

I Can Cope – A series of free, educational peer support classes facilitated by medical professionals. Each class highlights a different topic, relevant to the cancer experience, to enhance knowledge and skills and empower participants to cope more effectively with the challenges that living with cancer can bring. Participate through community classes, on-line classes at www.cancer.org/onlineclasses or telephone classes.

Transportation – Transportation assistance to and from cancer treatment related appointments are available. Please contact your American Cancer Society for eligibility and availability.

American Cancer Society Offices in Los Angeles County

Los Angeles Regional Office	213-386-7660
3333 Wilshire Blvd., Suite 900, Los Angeles, CA 90010	
Antelope Valley Community Office	661-945-7585
1043 W. Avenue M-4, Suite B, Palmdale, CA 93551	
Central Los Angeles Unit	213-386-6102
3333 Wilshire Blvd., Suite 900, Los Angeles, CA 90010	
Downey Rio Hondo Unit	562-776-0201
9901 Paramount Blvd., Suite 245, Downey, CA 90240	
East San Gabriel Valley Unit	626-966-9994
915 N. Grand Avenue, Covina, CA 91724	
Long Beach Harbor Southeast Unit	562-437-0791
936 Pine Avenue, Long Beach, CA 90813	
Los Angeles Coastal Cities Unit	310-348-0356
5731 Slauson Avenue, Suite 200, Culver City, CA 90230	
San Fernando Valley Unit	818-905-7766
4940 Van Nuys Blvd., Suite 301, Sherman Oaks, CA 91403	
San Gabriel Valley Unit	626-795-7774
50 N. Hill Avenue, Suite 200, Pasadena, CA 91106	
Santa Clarita Valley Unit	661-298-0886
25020 W. Avenue Stanford, Unit 170, Valencia, CA 91355	
South Central Los Angeles Unit	310-768-2012
1875 W. Redondo Beach Blvd., Suite 204, Gardena, CA 90247	

Asian American Network for Cancer Awareness,

Research and Training (AANCART) at UCLA

650 Charles E. Young Drive South

Box 951772, 41-240 CHS Los Angeles, CA 90095

www.aancart.org

The goals of the project are to develop and implement mechanisms for increasing cancer awareness, research, and training among Asian Americans; to increase the number of Asian Americans participating in clinical and prevention trials; to train more Asian American health workers in community cancer prevention; and to formulate and implement grant-funded research that reduces the burden of cancer in Asian Americans.

Black Women for Wellness

P.O. Box 292516, Los Angeles, CA 90029

www.bwwla.com

Committed to healing, educating, inspiring and supporting Black women in order to enhance and improve their health and well being.

Cancer Information Service **800-4-CANCER**
(800-422-6237)
TTY **800-332-8615**

www.cancer.gov/cancertopics/types/breast

CIS information specialists educate cancer patients, their families and friends, the public and health professionals about cancer prevention, risk factors, early detection, symptoms, diagnosis, treatment, and research. Information specialists answer questions on a range of cancer topics by telephone, TTY, instant messaging, and e-mail.

Chinatown Service Center **213-808-1718**
767 N. Hill Street, Suite 400, Los Angeles, CA 90012

www.cscla.org

Offers education, health, and human services to Asian and other immigrant communities. Clinic's community health workers and outreach staff provide health education onsite as well as in the community.

Community Research in Cancer (CORICA) Network **310-825-8848**

650 Charles Young Drive South Room A2-125 Box 956900, LA, CA 90095

www.jccf.mednet.ucla.edu/corica/index.htm

CORICA builds community-university partnerships to conduct cancer prevention and control research in underserved communities throughout the greater Los Angeles area. It aims to conduct research that will help eliminate socioeconomic and racial/ethnic disparities in cancer.

Hadassah Southern California **310-248-4844**

www.southerncalifornia.hadassah.org

Provides the "Hadassah Cares" breast cancer awareness campaign, which educates women about breast self-examination, mammography screening, and proper breast health care.

Iris Cantor-UCLA Women's Health

Education & Resource Center **310-794-8063**

911 Broxton Avenue, First Floor, Los Angeles, CA 90024

<http://womenshealth.med.ucla.edu>

Provides education on physical, psychological, and social issues that impact women's health and well-being with a strong focus on prevention.

Korean Health, Education, Information and Research **213-637-1070**

3727 W. 6th Street, Suite 200, Los Angeles, CA 90020

www.lakheir.org

Provides breast and cervical cancer screenings, referrals and education for the underserved Korean and Latino communities of Los Angeles County.

Los Angeles Breast Cancer Alliance 310-453-1046

2125 Arizona Avenue, Suite 102, Santa Monica, CA 90404

www.labca.org

A grassroots, nonprofit organization dedicated to helping in the eradication of breast cancer through advocacy, education and community involvement.

Lumetra 800-841-1602

TTY 800-881-5980

One Sansome Street, Suite 600, San Francisco, CA 94104

www.lumetra.com

A non-profit health care consulting organization and the California quality improvement organization (QIO), Lumetra works to improve quality of care for California consumers, including Medicare beneficiaries. Lumetra monitors health care quality for the state's Medicare population, develops collaborative projects with hospitals, physician offices, home health agencies, nursing homes and health plans. Lumetra conducts educational campaigns on a variety of health issues that affect California's seniors and benefit other California consumers. Their multilingual Medicare helpline provides information to beneficiaries concerning Medicare rights.

Mautner Project for Lesbians with Cancer 866-628-8637

1707 L Street, NW, Suite 230, Washington, DC 20036

www.mautnerproject.org

Educates health care providers about the special concerns of lesbians with cancer and advocates for lesbians with health care issues.

National Black Leadership Initiative on Cancer 213-387-6880

3250 Wilshire Boulevard, Suite 1312, Los Angeles, CA 90010

www.nblic.org

NBLIC focuses on outreach to the African American community through public education to: increase awareness of cancer and cancer risks, improve health-related behaviors, and break down barriers to prevention, early detection, and state-of-the-art treatment.

National Breast Cancer Coalition..... 800-622-2838

1101 17th Street, NW, Suite 1300, Washington, DC 20036

www.stopbreastcancer.org

NBCC works to eradicate breast cancer by focusing national attention on research promotion, improving access for screening and treatment and increasing the involvement of those living with breast cancer.

Native CIRCLE..... 877-372-1617

www.mayoclinic.org

The Native CIRCLE (Cancer Information Resource Center and Learning Exchange) is a resource center providing cancer-related materials to healthcare professionals and lay people involved in the education, care and treatment of American Indians and Alaskan Natives.

OCAPICA 714-636-9095

www.ocapica.org

OCAPICA's PATH (Promoting Access to Health) for Pacific Islander and Southeast Asian Women project provides information, basic support services, and patient navigation services for Cambodians, Chamorro, Hmong, Laotian, Marshallese, Native Hawaiian, Samoan, Thai, Tongan and Vietnamese communities with cancer needs.

Partnered for Progress 323-549-0800

4929 Wilshire Blvd., Suite 810, Los Angeles, CA 90010

www.partneredforprogress.org

A broad-based network of concerned agencies, healthcare providers and individuals dedicated to decreasing breast and cervical cancer mortality in LA County. Partnered for Progress is developing and implementing local strategies to increase access to breast and cervical cancer screening and early detection services for medically underserved women.

Patient Advocate Foundation 800-532-5274

700 Thimble Shoals Blvd., Suite 200, Newport News, VA 23606

www.patientadvocate.org

An active liaison between the patient and their insurer, employer and/or creditors to resolve insurance, job retention and/or debt crisis matters relative to their diagnosis through case managers, doctors and attorneys. Patient Advocate Foundation seeks to safeguard patients through effective mediation that assures access to care, maintenance of employment and preservation of their financial stability.

Premiere Oncology Foundation 619-594-4086

2020 Santa Monica Blvd., Suite 600, Santa Monica, CA 90404

www.premiereoncology.org

A community-based program providing psychosocial support, education, research and integrative medicine. Integrative medical services, (including acupuncture, acupressure, traditional Chinese medicine, yoga therapy, qi gong, massage therapy, humor therapy, nutrition education, art therapy, hypnotherapy and journaling), are provided to cancer patients, their families, friends and the local community.

Redes En Acción 619-594-4086

9245 Sky Park Court, Suite 110, San Diego, CA 92123

www.redesenaccion.org

A multi-faceted approach to cancer prevention and control, Redes En Acción has built a nationwide network of community-based organizations, research institutions, government health agencies and the public to combat cancer among Latinos. Core activities include promoting training and research opportunities for Latino students and researchers, generating research projects on key Latino cancer issues, and supporting cancer awareness activities within the Latino community.

Save Ourselves 800-422-9747

2795 E. Bidwell Street, Suite 100-306, Folsom, CA 95630

www.save-ourselves.org

Save Ourselves serves as a catalyst for the prevention and cure of breast cancer through the conduits of education, support and advocacy.

Simms/Mann-UCLA Center for Integrative Oncology 310-794-6644

200 UCLA Medical Plaza, Suite 502, Los Angeles, CA 90095

www.simmsmanncenter.ucla.edu

Center provides psychosocial care and integrated oncology support for individuals with cancer. Houses a library of video and printed material on cancer and cancer related issues. It is not necessary to be a UCLA patient to use these resources. Call for an appointment.

Susan G. Komen for the Cure 800-IM-AWARE

5005 LBJ Freeway, Suite 250, Dallas, TX 75244

(800-462-9273)

www.komen.org

A national, non-profit, volunteer-driven organization whose mission is to eradicate breast cancer as a life-threatening disease by advancing research, education, screening and treatment. National toll-free helpline is staffed by specially trained and committed volunteers.

Susan G. Komen for the Cure

Los Angeles County Affiliate 626-577-2700

1000 E. Walnut Street, Suite 123, Pasadena, CA 91106

www.komenlacounty.org

Provides the following programs: annual Race for the Cure, a 5K walk/run which raises funds and awareness for breast cancer education, research, screening and diagnosis; local grants for innovative breast cancer screening, diagnostic and support services for underserved/uninsured women; community outreach programs, health fairs; and speakers bureau on breast health and breast cancer education programs.

The Breast Cancer Fund 415-346-8223

1388 Sutter Street, Suite 400, San Francisco, CA 94109

www.breastcancerfund.org

Founded in 1992 The Breast Cancer Fund identifies and advocates for the elimination of environmental and other preventable causes of the disease. Through public education, policy initiative, and outdoor challenges, they mobilize the public to secure the changes needed to stop this epidemic.

The Denise Roberts Breast Cancer Foundation..... 888-833-6473

323 N. Prairie Avenue, Suite 408, Inglewood, CA 90301

www.tdrbcf.org

Provides referrals, support groups for survivors and their families and outreach and education on breast cancer early detection. Helps women under 40, and men obtain low cost, breast screening. Denise Roberts is available for conferences, lectures and workshops as an advocate and inspiration for women's health care and in the fight against Breast Cancer.

The Wellness Community

Foothills 626-796-1083

200 E. Del Mar, Suite 118, Pasadena, CA 91105

www.twcfoothills.org

South Bay Cities..... 310-376-3550

109 W. Torrance Blvd., Suite 100, Redondo Beach, CA 90277

www.wellnessandcancer.org

Valley/Ventura

www.TWCVv.org

Westlake Village 805-379-4777

530 Hampshire Rd., Westlake Village, CA 91361

Winnetka Satellite..... 818-407-1643

19725 Sherman Way, Winnetka, CA 91306

West Los Angeles 310-314-2555

2716 Ocean Park Blvd., Suite 1040, Santa Monica, CA 90405

www.twc-wla.org

Provides free programs for cancer patients, their families and significant others. Services in English and Spanish are available throughout LA County. Programs include: Welcome to Wellness, Ongoing Support Groups, Drop-in Networking, and Educational Workshops.

The Wellness Group..... 323-939-0621

5825 W. Pico Blvd., Los Angeles, CA 90019

www.salon21-beauty.com/index_files/page0008.html

Dedicated to inform and empower the African American community on breast health, early detection and healthy lifestyle recommendations.

**Weaving an Islander Network for Cancer Awareness,
Research, and Training (WINCART) 714-278-3499**

800 N. State College Blvd. PO 6870 Fullerton, CA 92834-6870

<http://wincart.fullerton.edu>

The goals of WINCART are to develop and implement programs to increase cancer awareness among Native Hawaiians, Samoans, Chamorros, Tongans and Marshallese; improve access to, and utilization of, effective cancer prevention and control interventions among PIs; create opportunities to increase the number of well-trained PI researchers through trainings, mentorship and participatory research projects; facilitate the development of research grants that address the cancer needs of PIs, with a focus on primary prevention, access and navigation, and survivorship; and to sustain community-based education, training and research activities by increasing partnerships with governmental and community agencies, funders and policymakers.

PATIENT NAVIGATION

Patient navigators work with cancer patients to "navigate" the health care system and access appropriate social and financial services. The primary function of the navigator is to establish and help maintain communication between patients, their families, physicians, and the health care system and to decrease the time between a cancer-related abnormal finding, definitive diagnosis, and delivery of quality cancer care.

The most important role of patient navigators is to ensure that individuals with suspicious cancer findings receive timely diagnoses and treatment. Navigators in some organizations have assumed other roles such as providing basic support services to access cancer screening, diagnostic services and treatment services. These support services can possibly include transportation, language assistance, making appointments and assistance with insurance. Please check with each organization to determine the range of services offered.

Patient Navigation Resources

Guam Communications Network 562-989-5690

4201 Long Beach Blvd., Suit 218, Long Beach, CA 90807

www.guamcomnet.org

Guam Communications Network provides information and basic support services to Chamorros with cancer.

Huntington Hospital

Constance G. Zahorik Breast Center **626-397-5153**

50 Bellefontaine, Pasadena, CA 91105

www.huntingtonhospital.com

From the onset of diagnosis, registered nurse navigators assist patients in scheduling appointments, understanding treatment options, managing insurance issues and communicating with physicians and specialists

Saath **866-459-8474**

www.saathusa.org

Saath provides information and basic support services such as language assistance and referrals to South Asians (Indians, Pakistanis, Bangladeshis, Sri Lankans and Nepalis) with cancer.

Samoan National Nurses Association..... **310-952-1115**

22010 S. Wilmington Avenue, Suite 301, Carson, CA 90745

Samoan National Nurses Association provides navigation, information and support services to Samoans with cancer.

CANCER SURVIVOR RESOURCES

American Cancer Society **800-ACS-2345**

www.cancer.org

(800-227-2345)

Offers the Cancer Survivors Network, a free telephone and Web-based support service created by and for cancer survivors and their families.

Breast Cancer Network of Strength..... **800-221-2141**

Spanish Hotline..... **800-986-9505**

www.networkofstrength.org

Breast Cancer Network of Strength's mission is to decrease the impact of breast cancer, create and increase breast cancer awareness, and ensure, through information, empowerment and peer support, that no one faces breast cancer alone.

National Coalition for Cancer Survivorship **877-NCCS-YES**

1010 Wayne Ave., Suite 770, Silver Spring, MD 20910 **(877-622-7937)**

www.canceradvocacy.org

Serves as a clearinghouse for credible information about survivorship, empowers cancer survivors through its publications and programs, convenes other national cancer-related organizations, advocates for policy issues that affect survivors' quality of life, and provides sources of support for cancer patients and their families.

**Pomona Valley Hospital Medical Center
Robert & Beverly Lewis Family Cancer Care Center 909-865-9555**
1910 Royalty Drive, Pomona, CA 91767
www.pvhmc.com/MedicalLibrary/index.asp
Houses a community patient library with over 500 books, in English and Spanish, covering Breast and all other types of cancer.

Sisters Breast Cancer Survivor Network 323-759-0200
116½ W. 84th Place, Los Angeles, CA 90003
www.survivorsofbreastcancer.org
Sisters Breast Cancer Survivor Network provides referrals and comprehensive support to women in underserved communities with breast cancer. The Network provides assistance from diagnosis to treatment and supports in navigating the medical system.

**Women of Color Breast Cancer Survivors
Support Project 310-330-5140**
301 N. Prairie, Suite 420, Inglewood, CA 90301
www.woc4me.org
Women of Color provides breast health education; offers knowledge on early detection; commits to effecting public policy; commits to social change regarding breast health awareness; and supports culturally sensitive breast cancer research.

INTERNET RESOURCES

You can find numerous online resources that deal with various aspects of breast health and breast cancer. Discuss all information obtained from the internet with your healthcare provider to determine its accuracy and relevance to your particular situation.

American Cancer Society
www.cancer.org

AANCART
www.aancart.org

Breast Cancer Network of Strength
www.networkofstrength.org

Breast Health Network
www.breasthealthnetwork.com

Cancer Care

www.cancercare.org

Cancer Information Service of the National Cancer Institute

www.cancer.gov

General Cancer News

www.cancernews.com

Inflammatory Breast Cancer Research Foundation

www.ibcresearch.org

Los Angeles Breast Cancer Alliance

www.labca.org

National Alliance of Breast Cancer Organizations

www.nabco.org

National Black Leadership Initiative on Cancer

www.nblic.org

National Comprehensive Cancer Network

www.nccn.org

National Lymphedema Network

www.lymphnet.org

National Women's Health Information Center

www.4women.gov

Partnered for Progress

www.partneredforprogress.org

Susan G. Komen for the Cure

www.komen.org

Susan G. Komen for the Cure Los Angeles County Affiliate

www.komenlacounty.org

The Breast Cancer Fund

www.breastcancerfund.org

The Community Breast Health Project

www.cbhp.org

The Public Health Institute's Breast Cancer Answers

www.canceranswers.org

The Wellness Community

www.twcfoothills.org (Foothills)

www.wellnessandcancer.org (South Bay Cities)

www.TWCVv.org (Valley/Ventura)

www.twc-wla.org (West Los Angeles)

Tulane/Xavier Center for Bioenvironmental Research

<http://e.hormone.tulane.edu>

WINCART

<http://wincart.fullerton.edu>

FREE PUBLICATION RESOURCES

Information about cancer is available from the sources listed below. You may wish to check for additional information at your local library or bookstore and from support groups in your community (see page 65). Another option may be to use your computer to access and search the Internet (see page 60).

American Cancer Society **800-ACS-2345**
www.cancer.org (800-227-2345)

Breast Cancer Network of Strength..... **800-221-2141**
www.networkofstrength.org

**Cancer Information Service
of the National Cancer Institute** **800-4-CANCER**
www.cancer.gov (800-422-6237)

Lumetra..... **800-841-1602**
www.lumetra.com

Susan G. Komen for the Cure **800-IM-AWARE**
www.komen.org (800-462-9273)